

<b>DAY</b>	<b>TIME</b>	<b>CLASS</b>	<b>VENUE</b>
MONDAY	11.00am – 11.45am	PARENT & CHILD CIRCUITS	LAGAN VALLEY LEISUREPLEX
MONDAY	4.15pm – 5.15pm	PILATES (AGES 11+)	LOUGH MOSS LEISURE CENTRE
MONDAY	4.30pm – 5.30pm	DODGEBALL (8 – 14 YEARS)	LAGAN VALLEY LEISUREPLEX
MONDAY	4.30pm – 5.30pm	SOFT ARCHERY (8 – 14 YEARS)	LAGAN VALLEY LEISUREPLEX
TUESDAY	3.00pm – 3.45pm	GYMNASTICS (AGES 4 – 7 YEARS)	LAGAN VALLEY LEISUREPLEX
TUESDAY	4.00pm – 4.45pm	GYMNASTICS (AGES 8 – 12 YEARS)	LAGAN VALLEY LEISUREPLEX
TUESDAY	4.00pm – 4.45pm	CRICKET (AGES 4 – 10 YEARS)	LOUGH MOSS LEISURE CENTRE
TUESDAY	5.00pm – 5.45pm	CRICKET (AGES 11+)	LOUGH MOSS LEISURE CENTRE
TUESDAY	5.00pm – 5.45pm	TRAMPOLINE (AGES 8 – 18 YEARS)	LAGAN VALLEY LEISUREPLEX
TUESDAY	5.30pm – 6.15pm	ARCHERY ADULTS & CHILDREN (AGES 7+)	KILMAKEE ACTIVITY CENTRE
TUESDAY	6.30pm – 7.15pm	ARCHERY ADULTS & CHILDREN (AGES 7+)	KILMAKEE ACTIVITY CENTRE
WEDNESDAY	9.30am – 10.00am	PARENT & CHILD HIIT	LAGAN VALLEY LEISUREPLEX
WEDNESDAY	4.00pm – 5.00pm	GAMES (AGES 4 – 6 YEARS)	LOUGH MOSS LEISURE CENTRE
WEDNESDAY	6.30pm – 7.15pm	ARCHERY ADULTS & CHILDREN (AGES 7+)	KILMAKEE ACTIVITY CENTRE
THURSDAY	4.00pm – 5.00pm	GAMES (AGES 7 – 11 YEARS)	LOUGH MOSS LEISURE CENTRE
FRIDAY	11.00am – 11.45am	PARENT & CHILD LEGS, BUMS, TUMS	LAGAN VALLEY LEISUREPLEX
FRIDAY	4.00pm – 5.00pm	FAMILY FUN SESSION (AGES 4 – 10 YEARS)	LOUGH MOSS LEISURE CENTRE
FRIDAY	6.00pm – 7.00pm	YOUTH CLUB (AGES 5 – 11 YEARS)	GROVE ACTIVITY CENTRE
FRIDAY	7.30pm – 8.30pm	YOUTH CLUB (AGES 5 – 11 YEARS)	GROVE ACTIVITY CENTRE
SUNDAY	9.30am – 10.30am	BASKETBALL (AGES 5-7 YEARS)	LAGAN VALLEY LEISUREPLEX
SUNDAY	9.30am – 10.30am	BASKETBALL (AGES 8 – 12 YEARS)	LAGAN VALLEY LEISUREPLEX